

CARE OF THE MOUTH AFTER TRAUMA

*Please keep the traumatized area as clean as possible. A soft moist wash cloth or Q tip often works well during healing to aid the process.

*Ice may be administered during the first 24 hours to help reduce the swelling.

*Please observe the teeth and soft tissues for any changes in color, mobility of the tooth, pain or gingival (gum swelling).

*Maintain a soft diet for 2 – 3 days or until the child feels comfortable and is eating normally again; and no biting of hard foods on the involved teeth for 2- 3 weeks.

*If antibiotics or pain medicines are prescribed, be sure to follow the prescription as directed.

*Please do not hesitate to call the office if you have any questions or concerns.

Thanks,

Dr. Swain